

# ACAPILIA

LASER CLINIC AND DAY SPA

## Spa Packages Price List 2011

### Wellness on the Go Spa Package

Experience a sense of bliss with our Spa Signature treatments leaving you pampered and centred with a sense of calm & tranquillity.

#### **Choose any two Spa treatments below and let us pamper you endlessly**

- Signature Back, Neck & Shoulder Massage
- Signature Warming Leg & Foot Massage
- Relaxing Indian Head Massage Treatment
- Spa Manicure with a Delicious Hand Dip Treatment
- Spa Pedicure with a Yummy Foot Dip Treatment
- Anti-Ageing Spa Pamper Facial- Organic

(Each Spa Treatment is +/- 30min treatments)

Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices  
Robes & Slippers are supplied to wear between treatments.

R 350 per person (+/- 1hr)

### Signature Spa Package

A spa treatment to remember, let us pamper you endlessly for a morning or afternoon, enjoy time with our friendly staff to give you what you truly deserve bliss. Candle lite rooms & aroma scented air.

Assorted Muffins, Scones & Jam snack

- **Scrub** Enjoy an Herbal Spicy body scrub, a light exfoliation to soften and smooth your skin. Promoting circulation and skin cleansing. ( shower off)
- **Signature Massage:** Indulge in a beautiful lemon balm massage from head to toe to relieve physical fatigue and eliminating toxins. (Full body)
- **Organic Facial** Enjoy a hypnotic herbal facial designed to relax and rejuvenate tired skin accompanied by a coco exfoliation treatment and a mineralising facial mask.

To seal and protect the skin, vitamin moisturisers.

- Lemongrass foot soak & Mask **Pedicure** treatment
- Esse **Manicure** & Mask Treatment

Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices  
Robes & Slippers are supplied to wear between treatments.

R 1000.00 per person (+/- 5hrs)

## Face & Body Glycolic Spa Treatment

### Facial, Body, Hands & Feet

- **Glycolic Body Treatment** - Experience a luscious silky full body treatment that removes dead skin cells and ageing skin  
Exfoliation of the outer layers of dead skin, revealing a new layer with improved tone, texture and skin colour
- **Glycolic Facial Treatment** - Enjoy one of our many skin peels to refresh and revitalise skin imperfections of acne, acne scarring, skin blotches, uneven skin and pigmentation overloading of the skin.
- **Glycolic Hands & Feet treatment** -Hands & feet are pampered with a glycolic treatment accompanied by a hand & foot massage leaving the skin silky soft and smooth

Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices

**R 960.00 per person**

## Aura Body Cleanse Spa Package

Enter a world of colour to heal your mind body and soul. Choose a colour from our colour chart and let your body and mind begin to heal and relax.  
**Colour Healing Bath Treatment** -Unwind in a colour healing bath made especially to wash away stagnated energy that causes aches and pains in your body. This treatment is rich in minerals & skin soothing enzymes.

- **Organic Back, Neck, Shoulder & Foot Massage** -Let us stimulate your senses while having a Back & Foot Organic Aura Massage with warming Essential Oils to stimulate and pamper your skin.
- **Body Balancing Chakra Treatment**- Experience a body balancing Chakra treatment to heal blockages in the body. This treatment is calming, balancing, uplifting, stimulating and energizing.

Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices

**R 500.00 per person**

Please note you are welcome to make your own spa package and we will do the rest for your special day. Lunch or Breakfasts are on request prior to treatment days at R 150 per person Including desserts and beverages throughout the day. If it is a special occasion we will set the theme. We have a private Jacuzzi Room for you to enjoy at R 50 per person. Costumes are compulsory, short or T-shirts are acceptable. Robes & slippers are available for you to use throughout your spa day.

## Esse Body Spa Package

Replenish your mind and body with our Organic Body Experience.  
Soothe, Refine tone your body to perfection

- **Esse Balancing Facial**- peps up your skin with peppermint & spearmint oils with African Aloe to calm & soothe your skin.
- **Esse Body Polish Body Scrub** – a refine body polish which soothes and ph balances your skin combine with a Rooibos Extract.
- **Esse Body Mask Treatment**- Enjoy a creamy mask without drying out, a blend of Fennel & Grapefruit oil.
- **Esse Full Body Massage** – Let your body restore its natural mineral content without a greasy feel after your massage, enjoy a beautiful blend of sesame, coconut, jojoba & Aloe to heal and nourish your skin
- **Esse Pedicure & Foot Mask** – this treatment has a restorative effect that stimulate blood flow, these blends of barley Grass, Spearmint & Coconut are Anti-bacterial & Anti-fungal.

Light Lunch- All inclusive Drinks throughout the day & Dessert  
Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices

**R 1280.00 per person**

## MSM Healing Face & Body Spa Package

The spa package with a difference, be pampered and heal your body like no other. MSM is one of nature's richest sources of natural sulfur

- **MSM Derma Express Facial** – Renewing your skin using only the purest botanicals and advanced natural phytonutrients and peptide products are used to care and pamper your skin.(This treatment provides the skin with negative ions which destroys bacteria together with hydroxyl acids, soothing, smoothing, softening and brightening the skin).
- **Colloidal Oatmeal Body Polish/Wrap** – Exfoliates and removes toxins on the skin
- **MSM Healing Bath Soak**- This healing bath soak eliminates joint & muscular pain and is 99% pure MSM
- **Herbal Healing Poultice Massage**- an exciting massage technique heated and massaged onto the body combining the Aroma & Herbal Essence. Boosts both emotional and physical well being.

**MSM healing drink** to cleanse & increase the body's energy levels, Helps reduce inflammation, balances pigmentation and reduces allergies.  
(Reduction in Melasma)

Complimentary Bottomless Cups of Herbal Teas, Coffee's & Juices

**R 790.00 per person**

## Body Contouring Spa Slimming Package

Plunge into the heart of the ocean and renew all your senses. Boost your slimming from within and on the outside of your body.

If you are concerned about metabolism slowdown, tiredness, weight loss difficulties, overweight problems, cold intolerance or you suffer from an iodine deficiency then this is the slimming package you have been waiting for.

- **Homecare SLIM 7-(Diet Drink) (Burns Fat Fast)** - Do your clothes feel too tight or you are going on a holiday in a week, this product helps you to achieve your goal over 7 days. The active seaweed & plants help you to burn fat more quickly, detox your system, and tone up your body. Clinical studies show up to 1.8kg weight loss in just 7 days.
- To treat the body, enjoy our **Marine Slimming Wrap**, followed by our ocean marine **Slimming bath** to stimulate and detox your body.
- Choose either a **G5 treatment** or **Slimming pads** to kick start your lymphatic system to rid your body of excess water, cellulite and toxins.

### **R880.00 per person**

(Top Up Treatment) Add an Additional stimulating full body massage at R 200.

Special price is only for this Slimming Package.

### **Other recommended Slimming product to use in conjunction with Slim 7.**

- **OCEA DRAINE** – Flush out the body from over-eating, seasonal changes, elimination of toxins & Waste – helps bowel movements. (Helps your Complexion). **R352.00**
- **SLIM 7** – 7 days to slim down- Lose weight rapidly, promotes water elimination, increases metabolism. **R 344.00**

## Cellulite Spa Package – Orange peel

Eliminate cellulite problem and unattractive dimples. Cellulite can affect any women, slim, curvy, young or mature. 90% of women complain of pockets of fat that take on the appearance of orange peel. So this is the spa treatment for you.

- **Homecare Celluceane product** – drains tissues, smoothes lumps and bumps, boosts microcirculation. Studies show a 27% increase in the density of the dermis in 60 days. 1 x sachet a day
- **Body brushing** to prepare the treatment process, micro stimulating the cellulite and increasing blood circulation.
- **Cellulite Body Wrap** - All Natural Ocean cellulite wrap.
- **Cellulite Signature Massage** – Invigorating and stimulating the lymphatic system.

### **R 865.00 per person**

#### **Other recommended product to use in conjunction with Celluceane**

- **WATER CONTROL** – For Circulatory problems, water retention, lighter & energised legs. R 402.00
- **L ' OCEANE** – dehydrated skin, overworked, tiredness after diets & Stress. R 352.00
- **SLIM LC** – to lose more than 4kgs as well as to improve your body shape. R 463.00
- **SVELT CONTROL** – To control food excesses or to stabilise weight when stopping a diet. 100% Marine active ingredients. R 413.00
- **CELLUCEANE** – Cellulite problems and to eliminate unattractive dimples. R 455.00
- **VENTRE PLAT** – (Flat Stomach Formula) – Anti-bloating, good for Ulcers and acid reflex. – lose up to 1.9cm around the waist after 7 days. R 367.00

## Spa Fish Spa Package

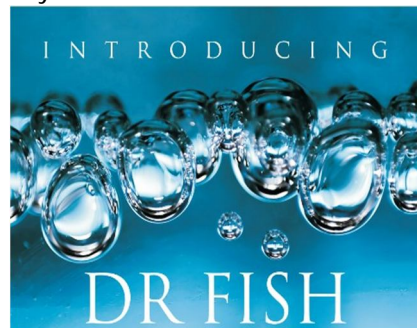
Treat your hands or feet to a real feel good treatment, these real toothless fishes are friendly and very gentle when exfoliating and buffing away unwanted skin, improving circulation, disinfecting the skin, healing scratches, spots and wounds on the skin. This treatment is known to help centre your wellbeing and lowers high blood pressure and anxiety sufferers.

So for a different experience this is the spa package for you and a friend to enjoy.

- 30min Dr Fish Treatment hands or feet
- Foot Reflexology treatment – for a healthy mind body and soul.
- Foot or Paraffin pamper treatment – Milk & Honey or Peach

### **R 400 per person**

This treatment is recommended to treat skin conditions of Eczema, Psoriasis, dry skin and many more skin conditions.



The most interesting way to exfoliate your skin and pamper your body!

Experience these friendly Spa Fish nibbling on the dead skin of your feet, hands or body, leaving your skin healthy and glowing. This feel good therapy is good for men and woman of all ages.



## **Coco Chocolate Spa Package**

Juices teas & coffees on arrival

Jacuzzi Treatment- aroma scented water – relax in our aroma scented Jacuzzi with soft flowing music with fruit juice or Free champagne.

Coca Body Wrap – 100% organic – Indulge in our chocolate aroma wrap, warmed in a chocolate and strawberry scented Signature Spa Room

(2 to 4 persons – Signature room space).

Organic Mineral Cleansing Drink - No taste clears inflammation in the colon to muscular pain and hormonal imbalances.

Full Body Massage – Soya Candle Lotion – treat your body to our shea butter, Vit E & lecithin extract candle massage lotion to relieve knots, pain and dry skin problems from head to toe.

**R650** per person

Duration: +/- 3hrs

Should more than one therapist works on you at one given time the treatment duration will differ.

## **Aroma Delight Spa Package**

Light Breakfast – Fruit on a stick, Muffins & Jam

**Body Milk Treatment** – Luxurious Lavender & milk Jet Bath (Cleopatra)

**Kiwi & Cucumber Body Wrap** – & light body brushing

**Full Body Massage** – 1 hr Soya Candle massage with shea-butter & aroma essentials with Kiwi and cucumber

**Hand & Foot Therapy** – Paraffin dipping treatment Peach or Milk & honey – Softening & Moisturizing dry skin

Complimentary juices teas & Coffees

**R 950.00** per person

Duration: 3hrs +/-

# ACAPILIA

LASER CLINIC AND DAY SPA

## SPA POLICY

NB -Please read this important information prior to any bookings

The Acapilia Team will do their utmost to accommodate any of your requests. We value all our clients and it is very important for us to give you our very best whilst in our care. During your treatment we ask you to switch off your cell phones as to enjoy your treatment, as it is both beneficial to the treatment process and to other spa users. Well behaved children are welcome with parental assistance only, as we are not responsible for any loss, injury or damage of any kind whatsoever whilst visiting our premises. Our therapists are well trained and can offer other recommendations to enhance your home care regiments. You are not obligated to purchase any suggested in-house products, but certain facial treatments do require homecare products and protocols, your therapist will inform you of them. If you are on Antibiotics, Chronic medicines or using Vitamins of a "Beta Carotene" nature, this is to be noted.

- **Should you experience any problems, please inform us before you leave, as we cannot rectify any problems at a later stage.**
- Should you be late for your appointment, your treatment time will differ. If more than one therapist works on you doing multiple/various treatments, the treatment times will vary, this creates an ultimate relaxing experience for you, giving you the ultimate pampering service you deserve.

Please check in 5 minutes prior to your scheduled appointment, as treatments are cut short on late arrivals.

Only Cash, Credit, Debit or electronic transfers and Gift Vouchers are accepted.

Please Send deposit slips to [Debbie@acot500.com](mailto:Debbie@acot500.com) or fax to (011) 421-6444

Please note that the spa requires at least **3 day cancellation notification**, on booking at the spa and a cancellation fee is applicable if 4 -3 day notice is not given. See Below **Cancellation FEES**

We request payment in full within 48 hours of making the reservation to secure your booking; this is in order for us to give all our spa clients a fair booking opportunity.

Should you have a Gift Voucher, please would you forward your voucher numbers to us, on (011) 421-6444 and would you bring along the voucher to the spa on the day of your appointment?

- Saturday treatment bookings are not to be swapped for different treatments on the day without 24hr prior notification.
- If a treatment is missed due to late arrival, we will charge in full as if the treatment was taken on time.
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We reserve the right to cancel or take other bookings until e-mail or faxed proof of full payment has been received.

**Cancellation Fees are as follows:**

- 3 days before your booking will result in a **25%** Cancellation Fee.
- Within 3 days or a no show will carry a **100%** cancellation Fee.
- You are welcome to bring along your costume should you be booking into our private Jacuzzi room. Gowns & slippers are given to you to use between treatments.

Be sure to let us know if this is a special occasion and if you have any allergies please notify us as soon as possible.

Please email us on [Debbie@acot500.com](mailto:Debbie@acot500.com) or call the spa on **(011) 421-7729** for further assistance or reservations.