

# ACAPILIA

LASER CLINIC AND DAY SPA

## Price List 2011

### Spa Facials

#### ESSE Organic – Spa Facials

All natural ingredients are used in these facial treatments

Esse Express Facial	30min	120.00
Esse Express Laser Facial	30min	140.00
Esse Extraction Facial	1hr	220.00
Esse Firming Facial	1hr	200.00
Esse Firming Laser Facial	1hr	220.00
Esse Gentle Facial	1hr	200.00
Esse Gentle Laser Facial	1hr	220.00
Esse Gents Facial	1hr	200.00
Esse Hydrating Facial	1hr	200.00
Esse Hydrating Laser Facial	1hr	220.00
Esse Laser & Extraction Facial	1hr	240.00
Esse Balancing Facial	1hr	200.00
Esse Balancing Laser Facial	1hr	220.00
Esse Correct Pigm Facial	1hr	200.00
Esse Correct Pigm Laser F	1hr	220.00
Esse Detox C Laser Facial	1hr	220.00
Esse Detox C Laser Facial	1hr	220.00
Esse Detox Cleansing Facial	1hr	200.00

### Spa Dermafix Facials

Pure Botanicals, advanced natural phytonutrients and peptide technologies are used in these Dermafix facials.

Dermafix Express Facial	30min	200.00
Dermafix Express Laser F	30min	220.00
Dermafix Extract Facial	1hr	270.00
Dermafix Gents Facial	1hr	250.00
Dermafix Laser & Extrac F	1hr	300.00
Dermafix Microneedle Trea	1hr	500.00
Dermafix Oily Laser Facia	1hr	280.00
Dermafix Oily Skin Facial	1hr	250.00
Dermafix Pigment Laser F	1hr	280.00
Dermafix Pigmentation Fac	1hr	250.00
Dermafix Rosacea Facial	1hr	250.00
Dermafix Rosacea Laser F	1hr	280.00
Dermafix Anti-Age 42-60 F	1hr	250.00
Dermafix Anti-Age 42-60 L	1hr	280.00
Dermafix Anti-Age 60+ Fac	1hr	250.00
Dermafix Anti-Age 60+ Las	1hr	280.00
Dermafix Dry Laser Facial	1hr	280.00
Dermafix Dry Skin Facial	1hr	250.00

Dermafix additional Ionic + Ultrasonic Facial treatment 1hr R300.00

The Soft Touch Laser Reduces age lines, acne, pigmentation improving cellular activity to produce a new layer of collagen and elastin to give skin a youthful appearance. The earlier you start the better the results.

## Lamelle Skin Peeling Facial Treatments

**Please Note** the below treatments are very advanced and a good home care regiment is essential for optimal results. Speak to the therapist to help you.

Lamelle Revital Facial	1 hr	R 320.00
Lamelle Revital Laser Fac	1hr	R 340.00
Lamelle Revital Plus Facial	1hr	R 320.00
Lamelle Revital Plus/Laser	1hr	R 360.00
Lamelle Cooling Mask (additional)	15mins +/-	R 50.00

Please note all the below skin peels are quoted per treatment. No toner is to be put on the skin after these skin peels for 3 to 4 days and a good moisturizer is essential.

Lamelle TCA Refresh S P	20min +/-	R 300.00.
Lamelle AHA + 35 Skin P	20min +/-	R 300.00
Lamelle AHA +50 Skin Peel	20min +/-	R 350.00
Lamelle AHA +70 Skin Peel	20min +/-	R 400.00
Lamelle Beta Peel 15%	20min +/-	R 280.00
Lamelle Beta Peel 20%	20min +/-	R 300.00
Lamelle Beta Peel 30%	20min +/-	R 320.00
Lamelle Beta Plus 15%	20min +/-	R 280.00
Lamelle Beta Plus 20%	20min +/-	R 300.00
Lamelle Beta Plus 30%	20min +/-	R 320.00
Lamelle Cooling Mask (additional)	15mins +/-	R 50.00

## Dermaroller Treatments

Lamelle Dermaroller Starter Kit with Treatment		R2,700.00
Lamelle Dermaroller Treatment	1hr +/-	R 500.00
(Maintenance Follow up treatments)		

## Spa Hand Care Treatments

Manicure & Paraffin Dip T	40min +/-	R 190.00
Manicure-Paint/Non Paint	40min +/-	R 140.00
French Style Paint Extra		R 30.00
Paraffin Treatment	20min +/-	R 50.00
Nail Art		R 30.00
Lamelle Glyco Hand Mask		R 150.00
Esse Manicure & Mask	40min +/-	R 160.00

## Spa Foot Care Treatments

Pedicure & Foot Mask Treatment	40min +/-	R 160.00
Pedicure & Paraffin Dip Treatment	40min +/-	R 200.00
Pedicure –Paint or Non Paint	40min +/-	R 150.00
French Style Paint Extra		R 30.00
Paraffin Treatment	20min +/-	R 50.00
Lamelle Glyco Foot Mask		R 150.00
Esse Pedicure & Mask	40min +/-	R 160.00
Foot Massage - Rub	30min +/-	R 150.00
Foot Reflexology Treatment	45min -1hr +/-	R 250.00

Should you have False Nails or Overlays on, please inform us prior to your treatment date. (Price remains the same).

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### Spa jet Bath Pamper Treatments – Aroma Infusions

Aroma salt Soothing Bath	20min +/-	R 130.00
Aura colour Cleansing Bath	20min +/-	R 130.00
Coconut Milk Bath (Dry Skin)	20min +/-	R 130.00
Colloidal Oatmeal Bath (Psoriasis)	20min +/-	R 130.00
Green Tea Salt Bath	20min +/-	R 130.00
Herbal Spice Bath (Warming)	20min +/-	R 130.00
Lavender Milk Bath (Hp treatment)	20min +/-	R 130.00
Organic Mineral Salt Bath	20min +/-	R 130.00
Slimming Detox Bath	20min +/-	R 140.00
Vanilla salt Bath Soak	20min +/-	R 130.00
MSM Healing Bath Soak	20min +/-	R 150.00

### Spa Body Scrubs

Body Salt Scrub Treatment	30min +/-	R 200.00
Kiwi & Cucumber Scrub	30min +/-	R 200.00
Zanzibar Scrub	30min +/-	R 200.00
Pomegranate & Grapefruit Scrub	30min +/-	R 200.00
Cherry Pomegranate Body Scrub	30min +/-	R 200.00
Coca Chocolate Body Scrub	30min +/-	R 200.00
Coconut Body Scrub	30min +/-	R 200.00
Esse Cocoa Body Scrub	30min +/-	R 200.00
Hawaiian Papaya Body Scrub	30min +/-	R 200.00
MSM Body Scrub	30min +/-	R 200.00
Spicy Body Scrub	30min +/-	R 200.00
Strawberry Body Scrub	30min +/-	R 200.00
Vanilla Sugar Body Scrub	30min +/-	R 200.00
Yuzu Guava Body Scrub	30min +/-	R 200.00
Gents Back Scrub & Mask	30min +/-	R 200.00
Acne Back Glycolic Mask	30min +/-	R 220.00
African Ginger Sugar Scrub	30min +/-	R 200.00

### Spa Body Wraps

100% Organic Body Mud Wrap	1hr +/-	R 250.00
Coca Chocolate Body Wrap	1hr +/-	R 250.00
Kiwi & Cucumber Body Mask Wrap	1hr +/-	R 250.00
Zanzibar Body Mask Wrap	1hr +/-	R 250.00
Esse Anti-Cellu Body Mask Wrap	1hr +/-	R 250.00
Esse Body Mask Detox Wrap	1hr +/-	R 250.00
Esse Body Mask Wrap	1hr +/-	R 250.00
Sea Clay Body Wrap	1hr +/-	R 250.00
Slimming Gel Body Wrap	1hr +/-	R 250.00
Aromatherapy Body Wrap	1hr +/-	R 250.00
Glycolic Full Body Silky Skin Wrap	1hr +/-	R 360.00
Spicy Body Wrap	1hr +/-	R 250.00
Tired & Sore Leg & Foot Wrap	1hr +/-	R 200.00
Spinal & Back Healing Mud Wrap	30min +/-	R 180.00
African Ginger Body Wrap	1hr +/-	R 250.00

### Spa Massages

Back, Neck & Shoulder Massage	30min	R 180.00
Back, Neck & Shoulder Massage	1hr	R 250.00
Back, Neck, Shoulder & Foot Massage	30min	R 200.00
Back, Neck, Shoulder & Foot Massage	1hr	R 270.00
Head, Back, Neck & Shoulder Massage	30min	R 200.00
Head, Back, Neck & Shoulder Massage	1hr	R 270.00
Aromatherapy Oil Blend / Soya Candle Oil (Optional)		R 10.00
Esse Full Body Massage	1hr	R 320.00
Aura Back, Neck, Shoulder & Foot	1hr	R 300.00
Full Body Massage	1hr	R 320.00
Aromatherapy Full Body Massage	1hr	R 330.00
Hot Stone Back Massage	30min	R 320.00
Hot Stone Full Body Massage	1hr	R 390.00

## Spa Massages (Continued)

Tai Qi Massage – New Technique	1hr	R 250.00
Indian Head Massage (heavenly)	30min	R 130.00
Indian Head Massage (heavenly)	1hr	R 220.00
Herbal Healing Poultice Massage (Back)	1hr	R 260.00
G5 & Cellulite Massage (Orange Peel)	1hr	R 250.00
G5 Slimming Massage	30min	R 150.00
Reflexology & Leg Treatment	1hr	R 260.00

## Spa Treats

Aura Balancing Treatment	30min +/-	R 150.00
Reiki Healing Treatment	1hr +/-	R 250.00

## Spa Advanced Specialised Treatments

Vein Cauterising – Broken & Spider V	1hr	R 320.00
Micro Needling – (See Facials)		
Laser Hair Removal (Quoted per area) – Diode Laser system (Bikini Line, Underarm, Navel, Eyebrows, Facial areas)		
Tattoo Removal Treatment (Quoted on size – from Upwards)		R 150 p/s

## Spa Eye Care – Tinting / Shaping

Eyebrow Shaping	R 45.00
Eyebrow Tinting	R 40.00
Eyelash Tinting	R 40.00
All 3 Eye & Lash Combo Package	R 110.00



## Spa Dr Fish Treatments (Kisses from real fish)

Dr Fish treatments are done with real Garra Rufa Fish which exfoliate and clear dead skin enzymes off the body, leaving the skin silky and soft. These toothless friendly fish give benefits by cleansing and exfoliating unwanted skin, improving circulation, disinfecting the skin, healing scratches, spots and wounds on the skin. This assists in the treatment of skin conditions like eczema, psoriasis, acne and many more skin conditions. These treatments are known to help centre the body and lowers high blood pressure and anxiety sufferers.

In November 2008 we introduced these feel good fishes to our spa, making us the first in South Africa to introduce and incorporate this exotic treatment onto the spa.

For more information speak to one of our trained Staff for you to purchase your own Dr Fish in your own home or Spa / Salon.

## Dr Fish Treatments

Hand or Foot Dr Treatment	30min	R 130.00
Hand or Foot Dr Treatment	1hr	R 260.00
Once a week Treatment	30min	R 80.00
(Payment in advanced minimum 4 sessions)		

Dr Fish Treatment & Foot Reflexology	1hr 30min+/-	R 350.00
Dr Fish Treatment & Paraffin Dip	1hr	R 160.00
Dr Fish Treatment & Foot Rub	1hr	R 280.00
Pensioner Dr Fish treatment	30min	R 50.00
(Must show Pensioner Proof)		

## Spa Gel Nail Care

Gel Nails Full Set	2hrs +/-	R 260.00
Gel Fills		R 160.00
Gel Nail Repair per tip		R 25.00
Gel Overlay – Clear		R 130.00
Gel Overlay – Colour /Plain/Shimmer or Frost		R 170.00
Nail Art		R 30.00

## Spa Body Wax Treatments / Additional Charge with Long hair No recycling of wax – (Depilieve Wax system)

½ Leg Strip Wax Treatment	R 100.00
¾ Strip Wax Treatment	R 120.00
Full Leg Strip Wax	R 140.00
Bikini Line Wax Treatment	R 100.00
Eyebrow Hot Wax Treatment	R 40.00
Chin Hot Wax Treatment	R 40.00
Full Arm strip Wax Treatment	R 80.00
Forearm Strip Wax Treatment	R 40.00
Chest Strip Wax Treatment	R 150.00
Back Strip Wax Treatment	R 150.00
Combo Chest & Back Wax Treatments	R 250.00
Sides of Face Hot Wax Treatment	R 50.00
Underarm Hot Wax Treatment	R 50.00
Upper Lip Hot Wax Treatment	R 35.00
Toe Hot Wax Treatment	R 30.00
Stomach/ Navel Hot Wax Treatment	R 60.00
Combo Full face Hot Wax Treatment	R 150.00

## Mesotherapy Fat Burning Injections / Qualified Dr

Mesotherapy involves the injection of small amounts of medication, vitamins and amino acids into the mesoderm. The substance is placed just millimetres under the skin into problematic areas through a series of tiny and almost painless micro-injections to deliver healing or corrective treatments.

This is also an excellent treatment against the dimpling appearance of the skin known as cellulite. Mesotherapy is targeted to correct this problem by improving circulation, strengthening connective tissues and dissolving excess fat.

Our Qualified doctor is only available on a Wednesday morning.

## Meso Price List

Once off Dr consultation Fee	R 250.00
Meso course 5 X Treatments	R4200.00 for 5 sessions
Once off Meso Treatment	R 1300.00 per session

Please note payment is payable prior to your appointment day.

## Spa Slimming Package – Beneficial with Meso injectables

Slimming Wrap  
G5 Treatment  
Slimming Pads  
Slimming Bath R550.00 per package (+/-2hrs)

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## SPA POLICY

NB -Please read this important information prior to any bookings

The Acapilia Team will do their utmost to accommodate any of your requests. We value all our clients and it is very important for us to give you our very best whilst in our care. During your treatment we ask you to switch off your cell phones as to enjoy your treatment, as it is both beneficial to the treatment process and to other spa users. Well behaved children are welcome with parental assistance only, as we are not responsible for any loss, injury or damage of any kind whatsoever whilst visiting our premises. Our therapists are well trained and can offer other recommendations to enhance your home care regiments. You are not obligated to purchase any suggested in-house products, but certain facial treatments do require homecare products and protocols, your therapist will inform you of them. If you are on Antibiotics, Chronic medicines or using Vitamins of a "Beta Carotene" nature, this is to be noted.

- **Should you experience any problems, please inform us before you leave, as we cannot rectify any problems at a later stage.**
- Should you be late for your appointment, your treatment time will differ. If more than one therapist works on you doing multiple/various treatments, the treatment times will vary, this creates an ultimate relaxing experience for you, giving you the ultimate pampering service you deserve.

Please check in 5 minutes prior to your scheduled appointment, as treatments are cut short on late arrivals.

Only Cash, Credit, Debit or electronic transfers and Gift Vouchers are accepted.

Please Send deposit slips to [Debbie@aco1500.com](mailto:Debbie@aco1500.com) or fax to (011) 421-6444

Please note that the spa requires at least **3 day cancellation notification**, on booking at the spa and a cancellation fee is applicable if 4 -3 day notice is not given. See Below **Cancellation FEES**

We request payment in full within 48 hours of making the reservation to secure your booking; this is in order for us to give all our spa clients a fair booking opportunity.

Should you have a Gift Voucher, please would you forward your voucher numbers to us, on (011) 421-6444 and would you bring along the voucher to the spa on the day of your appointment?

- Saturday treatment bookings are not to be swapped for different treatments on the day without 24hr prior notification.
- If a treatment is missed due to late arrival, we will charge in full as if the treatment was taken on time.
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We reserve the right to cancel or take other bookings until e-mail or faxed proof of full payment has been received.

### **Cancellation Fees are as follows:**

- 3 days before your booking will result in a **25%** Cancellation Fee.
- Within 3 days or a no show will carry a **100%** cancellation Fee.
- You are welcome to bring along your costume should you be booking into our private Jacuzzi room. Gowns & slippers are given to you to use between treatments.

Be sure to let us know if this is a special occasion and if you have any allergies please notify us as soon as possible.

Please email us on [Debbie@aco1500.com](mailto:Debbie@aco1500.com) or call the spa on **(011) 421-7729** for assistance or reservations.